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MGoT Track Day Guide
Monday 8th September 2008
Castle Combe

This guide contains important information about your track day. It is vital for your safety, and the safety of others, that you understand the guide's contents. Please read it thoroughly before you arrive. If you have further questions please call Dave on 07740 582830.

CONTENTS

1. Arriving at the circuit
2. On track
3. General Information
4. Timetable of events
5. Castle Combe facilities and specific rules
6. Appendix A. Driver and Passenger Indemnity forms
7. Appendix B. Session Lists

1. ARRIVING AT THE CIRCUIT

You should arrive at the circuit in good time to complete three important steps. Before going on track you must sign on and attend a track briefing, and have your car noise tested.

Sign on 07:30 – 08:15 <i>Tavern Clubhouse</i>	<p>You must</p> <ul style="list-style-type: none">• present a completed indemnity form – both drivers and passengers• show a full copy of your driving licence i.e. both paper and plastic card if newer style licence – drivers only <p>At sign-on you will be given an envelope containing</p> <ul style="list-style-type: none">• a car number sticker to identify your car to the marshals. Stick this on the passenger side door of your car.• a coloured sticker to indicate which session you are in. Stick this in the top passenger side corner of your windscreen <p>This envelope will also show your instruction slot if pre-booked and any helmet booking you may have.</p> <p>At sign-on you will receive a coloured wristband to indicate that you are signed on. The colour will indicate whether you are a driver or passenger.</p>
Noise testing 07:30 onwards <i>Pit lane</i>	<p>Your car must be noise tested before you will be allowed on track. The static noise limit is 100dB at three quarters maximum revs. You will be issued a sticker to show your car has been passed.</p>
Track briefing 08:15 – 08:50 <i>Tavern Clubhouse</i>	<p>This briefing is mandatory for drivers and passengers. It explains the rules of your track day.</p> <p>As you exit the briefing you will receive a second coloured wristband to show that you have attended the briefing.</p>
Self-Scrutineering	<p>Your car must be safe for you and others. Please check</p> <ul style="list-style-type: none">• brake and indicator lights• wheel tightness• seat belt operation (where fitted)• tyre tread patterns• crash helmet (BS 6658-85 Type A or above) <p>Typically, tyre pressures should be raised a little over your normal settings (say 2-3 psi).</p>

Only drivers and passengers wearing the appropriate wristbands in cars displaying the correct windscreen sticker will be allowed on track.

2. ON TRACK

Your car and safety

Before going on track you must check your car for safety and roadworthiness – water, oil, battery connections, throttle return spring, brakes, tyres, wheel nuts, indicator lights are obvious items. Please remove all loose items from both cockpit and luggage areas. **The noise limit is 100 dB static** and you are responsible for your car remaining under that noise limit.

Familiarisation/sighting laps

The first few laps of the first session for each group will be behind the pace car. This is your chance to familiarise yourself with the track layout and check the location of marshal posts and light gantries. You will typically drive at slow speed, in single file behind the pace car, following the racing line. You must not overtake unless it is an emergency.

Track driving rules







Fast driving on a racetrack is clearly safer and more enjoyable than driving on public roads. Nevertheless, there are risks if drivers don't have the right attitude, ignore the advice of experienced instructors or flout the basic rules of circuit driving. The following rules apply to most circuits.

1. Drive clockwise around the circuit – never reverse on the track or in the pit lane.
2. Overtake only to the right of the slower car and only in the straights – **never** in corners or in braking zones
3. Overtake only with the consent of the driver in front – **wait for the driver to signal consent** by using indicator lights or by waving. The driver being overtaken must **lift off the throttle** until the faster car is safely past.
4. Check mirrors carefully before moving off your line to overtake or corner.
5. Keep moving – never stop on the track, even if you see an incident.

It is mandatory for all drivers and passengers to wear a crash helmet that complies with current MSA standards (BSI 6658 Type A or Snell SA2000).

Signals using lights or flags

Track sessions are controlled by flags or lights supplemented by flags. You need to know the position of marshal posts, where flags may be waved, and of light gantries or posts.

	Red light or waved red flag	Session is stopped	<ul style="list-style-type: none">• reduce your speed significantly (check mirrors)• do not overtake• move to the left to allow rescue vehicles to pass• return to the pit lane and await further instructions.
	Yellow light or waved yellow flag	Danger ahead – an incident or a hazard	<ul style="list-style-type: none">• reduce speed (check mirrors)• do not overtake• be prepared to stop.
	Yellow & red striped flag	There is spillage on the track or a change in conditions making driving dangerous	<ul style="list-style-type: none">• reduce speed and use caution.
	Blue flag	Not used at Castle Combe	
	Black flag	A problem with your car (damage, fuel leak etc) or there is a need to discuss aspects of your driving	<ul style="list-style-type: none">• return to the pits and report to the marshals.
	Chequered flag	This is the end of the session	<ul style="list-style-type: none">• reduce speed (cool off your engine & brakes)• return to the pits at the end of your lap.

Incidents

Always drive within your limits. If your car spins or leaves the track then:

- follow the instructions of any nearby marshal
- rejoin the track if you can, but with extreme caution – if you cannot rejoin the track leave your car and get behind the barriers
- report to event control as soon as you get back to the pits.

If you consistently drive beyond your limits, event control officials will black-flag you and exclude you from the track for that session. If you get a second black flag, you will be excluded from the circuit for the remainder of the day.

In all matters of driver and passenger behaviour, the judgement of event control officials and marshals is final. Remember that the high speed handling characteristics of your car may change as conditions vary or your car warms up.

Quarry

With one of the highest incident rates of any corner on any circuit in the UK, the combination of Avon Rise and then Quarry presents more of a challenge than may appear, and less run-off than at other corners. Please consider yourself warned. Particular attention will be paid to this in the briefing, but if you have any concerns we strongly recommend a session of instruction by one of the ARDS instructors.

Pit lane safety

You can call in at the pits at any time during your track session. Signal your intention to enter the pit lane using your indicator. Keep to the pit lane side of the track and slow down – well before the pit lane entrance. The maximum speed permitted in the pit lane is 30 mph. Park so that other cars and emergency vehicles may pass.

The pit lane is restricted to drivers and cars involved with a track session. There must be no

- refuelling or smoking in the pits or the pit lane
- pit signalling
- children under 16 in the pit lane
- pit (or in-car) timing equipment

3. GENERAL INFORMATION

Driver and passenger safety

Drivers are allowed to carry one passenger. Drivers and passengers must

- have signed on
- wear appropriate (driver or passenger) wrist-bands
- wear clothing that fully covers arms and legs
- wear a crash helmet that complies with MSA standards (helmets can be hired – see later)
- wear a seat belt (if fitted) at all times.

In addition, passengers must

- be over the age of sixteen
- occupy the front seat only.

Insurance

Normal road vehicle insurance is not valid when you are on track or off the highway at a private venue. The indemnity, which you must sign, excludes you from making any claim against damage to the car or the driver/passenger however it is caused. You may be able to arrange insurance cover for the day through your existing broker or insurer. Alternatively, you can take out special track day insurance from a specialist.

Off track

There are some general restrictions that apply:

- animals are not permitted
- children must be over 16
- in car photography (videos must be for private use only and securely mounted)

4. TIMETABLE OF EVENTS

Timings may change due to unforeseen circumstances, but this is the planned schedule for the day:

Sign On: 07:30 - 08:15
Briefing: 08:15 – 08:50
Noise testing: 07:30 onwards

Anyone arriving after 08:15 will have to wait until the briefing is over before signing on and then attend a latecomers briefing. This may mean that you miss a session and lose track time.

MG General session	MG Midget Register session	MGB Register session	MG V8 Register session
09:00 – 09:15	09:15 – 09:30	09:30 – 09:45	09:45 – 10:00
10:00 – 10:15	10:15 – 10:30	10:30 – 10:45	10:45 – 11:00
11:00 – 11:15	11:15 – 11:30	11:30 – 11:45	11:45 – 12:00
12:00 – 12:15	12:15 – 12:30	12:30 – 12:45	12:45 – 13:00
13:00 – 14:00 Lunch	13:00 – 14:00 Lunch	13:00 – 14:00 Lunch	13:00 – 14:00 Lunch
14:00 – 14:15	14:15 – 14:30	14:30 – 14:45	14:45 – 15:00
15:00 – 15:15	15:15 – 15:30	15:30 – 15:45	15:45 – 16:00
16:00 – 16:15	16:15 – 16:30	16:30 – 16:45	16:45 – 17:00

The Circuit management reserve the right to alter this information or to cancel the day without notice and accept no responsibility for any loss or inconvenience howsoever caused.

5. OTHER USEFUL INFORMATION

Directions to Castle Combe Circuit – the circuit is situated close to Junctions 17 & 18 of the M4 motorway and is clearly signposted using the brown tourist signs marked with a chequered flag. Enter the circuit through the Competitors entrance.

Nearest petrol – there is a Shell station on the A420 approx 2 miles away. Turn right out of the circuit and follow signs for Chippenham.

Nearby B&B accommodation

Angel Hotel - central Chippenham - 01249 652615
The Pines Hotel - central Chippenham - 01249 461212

Food and refreshments – available throughout the day from The Tavern cafeteria.

Filming – No in-car video is allowed without the permission of the organisers. The circuit may require a written indemnity. Cameras (still and video) must be securely mounted to the vehicle.

Helmet hire – Crash helmets complying with MSA standards are available for hire at a cost of £10 for the day. These must be pre-booked and some form of security is required to ensure return - leave your driving licence, credit card or £50 as a refundable deposit.

“One on One” tuition available – ARDS instructors will be available throughout the day to offer general advice and assistance. You can book “one on one” instruction at an additional cost of £15. An instruction session consists of an instructor accompanying you as a passenger and giving guidance. Bookings are on a first come first served basis. It is advisable for all novice track day drivers to take an instruction session.

Garages – none are available at this venue; personal possessions may be stored in the clubhouse.

Appendix A: MGs on Track (MGoT) Indemnity form

Castle Combe – Monday 8th September 2008

I wish to drive or passenger in a vehicle or vehicles, participating in a track day organised by MGs on Track. I understand that such an activity is hazardous, and that I am voluntarily exposing myself to risk of damage or loss or personal injury through my participation. I understand that racing is prohibited, and that the purpose of the event is to allow the participants to improve their skills and learn the handling characteristics of the vehicle(s) they are using. I understand that any insurance carried by MGs on Track in respect of any liability which might arise out of the track day will be limited, and that my own motor, third party and public liability insurance (if any) is unlikely to cover me for my losses, liabilities or personal injury.

I also understand that MGs on Track

1. will not scrutineer participating vehicles before permitting them on the track, nor has it any control over the level of competence of other participants.
2. is not a training organisation. Experienced track users may be on hand to give guidance, but such guidance can only be informal hints and tips.
3. whilst giving guidance on, and where required to, enforcing the rules and safety standards of the circuit operator, will not otherwise enforce track discipline or safety measures.
4. may refuse me access if I, or my vehicle, infringe any relevant rules or regulations or appear dangerous. I understand that the payment(s) I have made to MGs on Track will not be refundable under these circumstances.
5. will try to make the circuit available for the whole of the permitted hours, but accept that this may not be possible and that I will make no claim in respect of unavailability of the circuit.
6. may use photographs of cars in promotional literature where the licence plate may be clearly visible.

I declare that I alone

1. am responsible for the way in which I use the track, and for wearing appropriate protective clothing including a crash helmet conforming to current MSA blue book standards.
2. am fit and healthy and that my eyesight (with lenses, if worn) is adequate for track use.
3. will only drive or ride in a vehicle which is in good and suitable mechanical condition whilst on the circuit.
4. will check the vehicle before driving on the circuit for all aspects of safety and roadworthiness, including, but not limited to, water levels, oil levels, indicator lights, battery connections, throttle return springs, brakes, tyres, and wheel nuts.
5. hold a current full licence entitling me to use, on the public roads in the UK, a vehicle of the size and type that I will be using on the track.
6. will not participate in a track event whilst under the influence of alcohol or intoxicating drugs.

I agree to

1. make no claim against MGs on Track or its officers or agents in respect of any loss or injury suffered by me during a track event, and to indemnify them against their costs and losses arising out of any claim made against them by anyone to the extent that such costs and losses are attributable directly or indirectly to my participation in the track day.
2. pay for any damage caused to any part of the circuit or paddock area by me, my vehicle or directly as a result of my actions.
3. accept responsibility for any passengers that accompany me and will ensure that they are familiar with all safety requirements.
4. abide by the health and safety regulations in force at the event location.
5. remove or cover my licence plate if I do not wish it to be visible in photographs.

I have read and agree with the above declaration and indemnity.

Signed

Date/...../.....

☐ Main Driver (Driving Licence required)

☐ 2nd Driver (Driving Licence required)

☐ Passenger (16 or older)

Name.....

Email address.....

Address.....

Postcode

Phone

UK Road Licence Driver Number

Car Reg/Colour/.....

Person to contact in the case of an emergency

Relationship to you

Contact number.....

IF YOU HAVE ANY PROBLEMS ON THE DAY PLEASE SEE A COMMITTEE MEMBER. It is too late to sort an issue after the day!

Officials use only:

Sign-on person's initials

Notes

Appendix B: Session Lists

Session	First Name	Second Name	driver 2	pass 1	pass 2	Helmet	Instruction
General	Paul	Batho					
General	Peter	Bowyer		Matthew Bowyer	Scott Glander		
General	Deborah	Evans		Jason Meredith	Jamie Broome		
General	Andrew	Flewin		Reg Flewin			
General	David	Gorton					
General	Martin	Jarvis	john williams			Medium	
General	Bernie	Bowden					
General	Andy	Nash					
General	Brian	Payne		Sean Payne	Colin Sillence		
General	Alan	Reed					
General	Darren	Rostron					
General	Justin	Tucker					yes
MGB	David	Brooks					
MGB	Richard	Elmer		none		Large	yes
MGB	Alan	Kirkham		Lorna Hudson			
MGB	Chris	Hammersley					
MGB	Stuart	Hill	Sue Hill				yes (2)
MGB	John	Lakey				Large	
MGB	Neil	Lock					
MGB	David	Pearce	Alan Byram				
MGB	Joe	Phillips	Ian Phillips				
MGB	Struan	Robertson					
MGB	David	Russell-Wilks	Stuart Pettitt				
MGB	John	Watson				Medium	
Midget	Jamie	Broome					
Midget	Richard	Bryon	Ian Bryon	Hayley Woolmington		Large	
Midget	Mike	Harrison		Claire Harrison			
Midget	Anita	Lachowicz	Mark T Boldry				Yes (to pay)
Midget	James	Mackie	Rob Mackie				
Midget	Barry	McCann	Nick O'Toole				

Midget	Roger	Meredith					
Midget	Dick	Owens					
Midget	Peter	Purcell					
Midget	David	Storer					
Midget	Ben	Verrall	Richard Verrall				
Midget	Ken	Waylett		Clara Waylett		Medium & Small	
V8	Gavin	Bailey				Medium	
V8	Doug	Bond			Keith Allen	Medium	Yes
V8	Ralph	Coulson		Mrs I Coulson			
V8	Richard	Cradick					
V8	David	de la Riviere		Ted de la Riviere			
V8	Kai	Knickmann				Medium	Yes
V8	Peter	Kuruber					
V8	Ted	Law					
V8	Mike	Salter					
V8	Victor	Smith					
V8	Michael	Sparks		roy belcher			
V8	Chris	Yates					